

## What Causes Traumatic Stress Reactions?

**Stress**

**Financial**

**Legal**

**Depression**

For free and confidential assistance, call your  
Employee Assistance Program and speak with a Care Coordinator

(713) 781-3364

(800) 324-4327

Se Habla Español

(800) 324-2490

**[www.4eap.com](http://www.4eap.com)**

**Marital Problems**

**Family Problems**

**Alcohol/Drug Problems**

**Other Referrals**

Your employer has contracted with Interface EAP to provide you an Employee Assistance Program.