

After Acceptance: Have You

- Met with academic and financial aid advisors?
- Applied for Passport Yet?

Passport processing can take up to 6 wooks

- SUBMITTEDIALLE
- Been enrolled in your SA Classes?
- Made payments:
- Applied for VISA? (if applicable)



Air Travel Arrangements

Some Programs require you to make your own Air Travel Arrangements

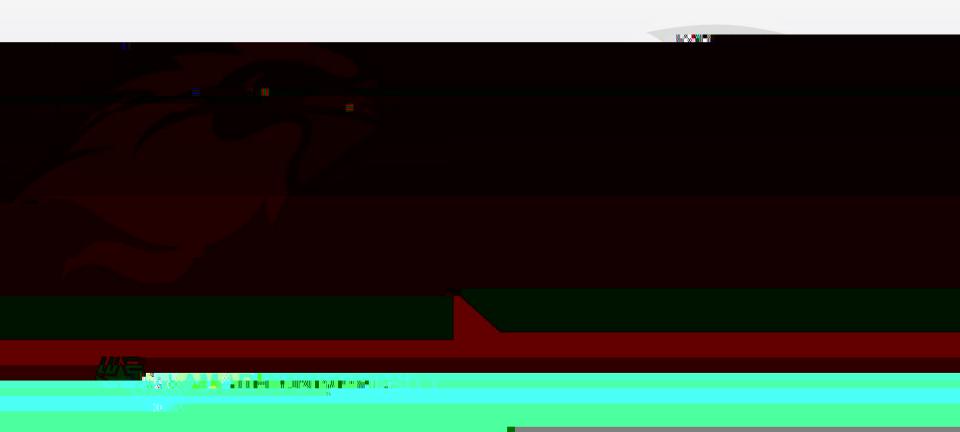
- Exact Name of the Arrival Airport: Some Cities
- Exact Date Ul Arrival: Time/Date Change

 Some international flights arrive a day later to
 - and some arrive on the same day. It depends on which direction you are going and how far you are traveling.
- Enough Time for Connections
- Submit your Flight Schedule to OSA
- Provide in writing of travel plans if different from group plans.



Air Travel Arrangements

 Advise Program Directors in Any student with travel plans other than those forming part of



Prepare for Departure

- Travel Documents: Passport, Visa
- Academic class approval (exchange students)
- Flight arrangements
- Notify your financial institutions
- Leave copies at home: Itinerary, passport/visa emergency contacts, credit card, etc.
- Pre-Departure Orientation: Program, OSA

LGBTQ Students

- Living in another culture tends to be a time of self-exploration.
- Keep in mind that many of the ideas regarding
- Sexuality and orientation in the U.S. may not translate that the culture you are entering:
- Educate yourself about the social culture and laws of your host country before you go
- U.S. Department of State's LGBTI Travel
 Information for more information.

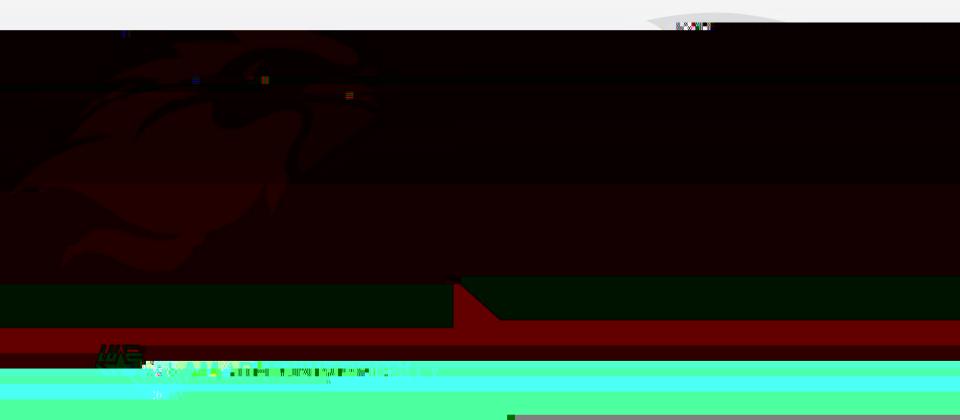
Health

- Download InternationalSOS Application
- Take your Prescription Medication
- Extra Pairs of Contact Lenses and Glasses
 - Faculty Members will NOT provide any Medication
- Contact with the Disability Resource Center for special accommodations



Emergency Contact

- Submit emergency contact form to OSA
- Medical "Emergency" means "Unconscious



Immunization

- OSA and faculty are NOT allowed to give advise on immunization.
- Students are encourage to consult with their doctors and/or Health Clinic, especially if s/he:



Communication Abroad

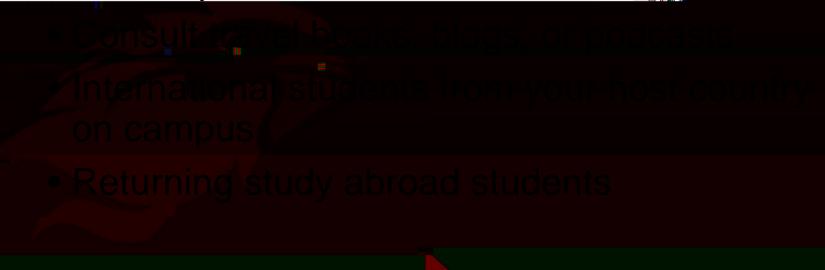
- Free Apps ex) Skype, WhatsApp, Facetime
- US-Based Cell phone: Check with your Carrier
- US Phone with local SIM card Router



Prepare for Culture Shock/Adjustment

Resources

Travel/Books, articles, and blogs, movies, TV shows, podcasts



Prepare for Culture Shock/Adjustment

Some Points to Consider

- Time Management
- Roles of age and social status
- Privacy and personal space
- Individual vs Group relationships
- Alcohol, Smoking, Drugs

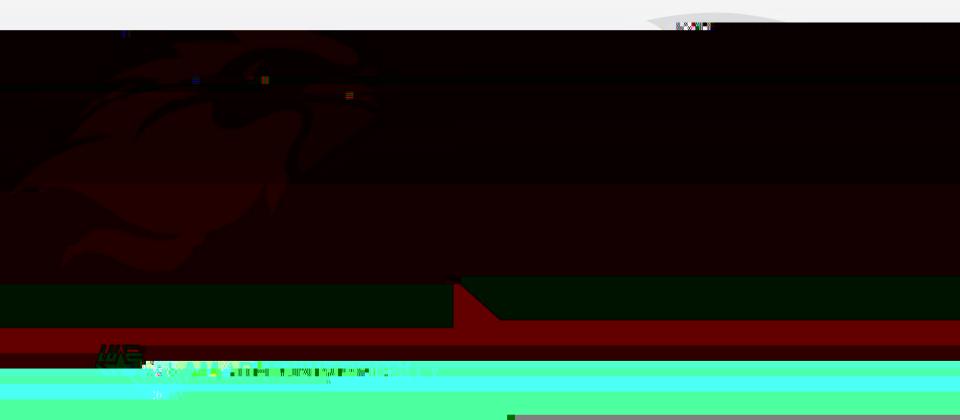


Pre-Departure Orientation

- Webinar
- Faculty Led Orientation

What to Pack

Keep your Passport and Ticket always with you

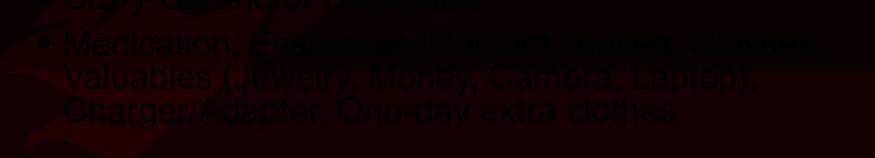


What to Pack

Check Baggage Allowance

It is ideal to travel with ONE luggage with the weight you can handle

Remember you would need to carry your luggage often





Checklist (Faculty-Led)

Have You Submitted?

Course Equivalency Form

- Flight Itinerary and Copy of Visa (if applicable)
- Do You Halve ? Place to Stay at Host University
- · Smart Traveler Enrollment Program, and
 - https://step.state.gov/step/
- International SOS

Checklist (Faculty-Led)

Have You Received?

• Vaccination/Immunization (if applicable)

